

40th All Japan Triathlon Miyakojima Tournament

Tournament guidelines

oSponsor Miyakojima City,Ryukyu Shimpo company
oSupervisor Miyakojima Triathlon Executive Committee,Miyakojima City Sports Association
oSponsorship Under adjustment
oSpecial cooperation Under adjustment
oSupport Under adjustment
oSpecial sponsorship Under adjustment
oSponsorship Under adjustment

oEvent date Sunday, April 19, 2026 07:00-20:00 Total 13 hours 00 minutes

oVenue Miyakojima City, Okinawa Prefecture

oCompetition venue

Swim : Yonaha Maehama, Shimoji, Miyakojima City
Bike : Yonaha Maehama, Shimoji, Miyakojima City -
Miyakojima City Athletics Stadium (Miyakojima City 1 lap and a half)
Run : Miyakojima City Athletics Stadium –
Miyakojima City Gusukube higashi-hennazaki Turnaround

oCompetition details and time limit

Swim : 3 km 07 : 00 ~ 08 : 50
Bike : 123 km ~ 14 : 00
Run : 42.195 km ~ 20 : 00

Total 13 hours 00 minutes

※In case of bad weather, the competition will be changed to a duathlon competition.

(※However, checkpoint times are based on triathlon competitions.)

Run : 4.5 km 07 : 00 ~
Bike : 123 km ~ 14 : 00
Run : 42.195 km ~ 20 : 00

Total 13 hours 00 minutes

oParticipation capacity

1500 people

oEntry fee Sixty thousand yen

(Supplied items, accident insurance premiums, AS food and drinks, carbon offset fees, etc.)

※Please note that there is a separate fee for online application.

※The local entry fee (forty thousand yen) applies only to those who are registered as resident of Miyakojima City or Tarama Village as of Tuesday, September 30, 2025, and who submit their resident card to the secretariat by Friday, October 31, 2025.

oSpecial Selection

Furusato Nouzei (Hometown Tax)Quota - Capacity: First 30 people

Those who apply for the Furusato Nouzei, first 20, will earn the spot to compete in the tournament (only to those who are eligible to participate in the tournament).

oAward

Overall winner, runner-up, 3rd place~8th place

Women's championship, runner-up, 3rd place~8th place

Award by age group: Men 1st place, Women 1st place (40s, 50s and 60s)

(However, the winners of 1st to 8th place in the overall and women's

categories will be excluded from the age group awards.)

By event (swim, bike, run, 1st place for both men and women)

1st place for men and women in Okinawa prefecture

1st place for men and women in Miyako area

Special Award Oldest Man and Woman 1st place

(The 1st place among the highest ages on the day of competition can overlap with the age group)

oEligibility for participation

Healthy men and women between the ages of 19 and 65 on the day of the event, who have experience in swimming, biking, and running, and who have participated in a triathlon event that combines these events.

Must agree to the written oath, submit an application form, a photo, a copy of your health insurance card, a copy of your completion certificate or record certificate for a triathlon race of 51.5 km or more (Swim 1.5km or more) completed within the past 3 years based on the date of the Miyakojima event (However, the swim must be 1.5km or longer, and in the case of a 1.5km swim, proof must be provided that the swim was completed within 40 minutes.) , and a residence card (for those with an address in Japan) (hereinafter referred to as "required documents") and have been accepted.

Those who can attend the competition briefing.

Note: As a general rule, those who do not attend the competition briefing will not be able to take part in the tournament.

In addition, if it is anticipated that there will be a problem with the operation of the tournament, or if a false application has been made, the participant may be permission to participate is revoked even after being notified of the offer of participation.

oEntry

Participation application period

Applications via the Internet are available from October 1, 2025 (Wednesday) to October 31, 2025 (Friday), 24:00.

oHow to apply

Apply online

- 1) Please apply from the official page of the race or the TRI-X race calendar.
Miyakojima Tournament HP <http://www.tri-miyako.com>
TRI—X HP <http://www.tri-x.jp/>

Inquiries regarding the tournament

Miyakojima Triathlon Executive Committee miyakojima.strongman@gmail.com

Internet entry inquiries

MSPO Entry Miyakojima Desk entry@mspo.jp

- 2) Image registration of required documents: After receiving an offer to participate, please upload the required documents as image data.
Please prepare an image that clearly shows faces and text.
On the race completion certificate and results, please underline your own record.

oUnofficial offer to participate

Notification of offer of participation will be sent to the contestants on Friday, November 21, 2025.

Participation eligibility cannot be transferred to another person.

If such a fact is discovered, the person concerned will not be allowed to participate in this tournament.

You will be required to upload the required documents as image data after you have been offered entry.

oPayment of entry fee

The entry fee must be paid between November 21, 2025 and December 12, 2025.

Please note that if payment is not made by the deadline, your offer to participate will be automatically canceled.

Payment can be made at a credit card only.

Please note that a payment fee will be charged in addition to the entry fee.