

38th All Japan Triathlon Miyakojima Tournament

Tournament guidelines

- oSponsor Miyakojima City,Ryukyu Shimpo company
- oSupervisor Miyakojima City Sports Association,Miyakojima Triathlon Executive Committee
- oSponsorship Cabinet Office,Okinawa Prefecture,Okinawa Prefecture Sports Association,
Okinawa Tourism Convention Bureau,Okinawa Marine Leisure Safety Bureau,
Okinawa Prefectural Medical Association,Japan Triathlon Union,
Miyako District Medical Association, Okinawa Prefectural Nursing Association Miyako
District,Okinawa Prefecture Construction Industry Association Miyako Branch,
Miyakojima Chamber of Commerce and Industry,Miyakojima Tourism Association,
Miyakojima City Women's Federation,Miyako Junior Chamber,
Miyakojima District Traffic Safety Association, Miyakojima Fisheries Cooperative Association,
Irabu Fisheries Cooperative Association, Ikema Fisheries Cooperative,
Okinawa Prefectural Food Sanitation Association Miyako Branch,
Miyako District Pharmacists Association, Miyako District Dental Association,
Miyako Shimpo company, Miyako Mainichi Newspaper company,
Miyako TV, FM Miyako, Ryukyu Flood Relief Association,
Japan Life Saving Association Okinawa Prefecture Branch
- oSpecial cooperation
NHK Okinawa Broadcasting Station,
Miyakojima Tokyu Hotel & Resorts,
Churaumi Liaison Council
- oSupport Okinawa Prefectural Miyako Hospital,
National Sanatorium Miyako Nanseien,Miyakojima Tokushukai Hospital,
Air Self-Defense Force Miyakojima Branch Base,
Ground Self-Defense Force 15th Brigade,
Self-Defense Force Okinawa Regional Cooperation Headquarters
- oSpecial sponsorship
Japan Airlines, Japan Trans-ocean Air, Okinawa Coca-Cola Bottling, Okinawa Bank
- oSponsorship Under adjustment
- oEvent date Sunday, April 14, 2024 07:00-19:00 Total 12 hours 00 minutes
- oVenue Miyakojima City, Okinawa Prefecture
- oCompetition venue
 - Swim : Yonaha Maehama, Shimoji, Miyakojima City
 - Bike : Yonaha Maehama, Shimoji, Miyakojima City -
Miyakojima City Athletics Stadium (Miyakojima City 1 lap and a half)
 - Run : Miyakojima City Athletics Stadium –
Miyakojima City Shirobe Shinjo Turnaround
(in front of Minafuku Community Center)

oCompetition details and time limit

Swim	:	3 k m	0 7 : 0 0 ~ 0 8 : 5 0
Bike	:	1 2 3 k m	~ 1 4 : 0 0
Run	:	3 5 k m	~ 1 9 : 0 0

Total 12 hours 00 minutes

✕In case of bad weather, the competition will be changed to a duathlon competition.

(✕However, checkpoint times are based on triathlon competitions.)

Run	:	4. 5 k m	0 7 : 0 0 ~
Bike	:	1 2 3 k m	~ 1 4 : 0 0
Run	:	3 5 k m	~ 1 9 : 0 0

Total 12 hours 00 minutes

oParticipation capacity

1500 people

oEntry fee Sixty thousand yen

(Supplied items, accident insurance premiums, AS food and drinks, carbon offset fees, etc.)

✕Please note that there is a separate fee for online application.

oAward

Overall winner, runner-up, 3rd place~10th place

Women's championship, runner-up, 3rd place~10th place

Award by age group: Men 1st-3rd place, Women 1st-3rd place

(However, the winners of 1st to 10th place in the overall male and female categories will be excluded from the age group awards.)

1 9 ~ 2 4, 2 5 ~ 2 9, 3 0 ~ 3 4, 3 5 ~ 3 9, 4 0 ~ 4 4, 4 5 ~ 4 9
5 0 ~ 5 4, 5 5 ~ 5 9, 6 0 ~ 6 5

By event (swim, bike, run, 1st place for both men and women)

1st place for men and women in Okinawa prefecture

1st place for men and women in Miyako area

Special Award Oldest Man and Woman

oEligibility for participation

Healthy men and women between the ages of 19 and 65 on the day of the event, who have experience in swimming, biking, and running, and who have participated in a triathlon event that combines these events.

Must agree to the written oath, submit an application form, a photo, a copy of your health insurance card, a copy of your completion certificate or record certificate for a triathlon race of 51.5 km or more completed within the past 5 years based on the date of the Miyakojima event, and a residence card (for those with an address in Japan).

nationality only), (hereinafter referred to as "required documents") and have been accepted.

In addition, if it is anticipated that there will be a problem with the operation of the tournament, or if a false application has been made, the participant may be refused participation even after being notified of the offer of participation.

oEntry

Participation application period

①Applications via the Internet are available from October 1, 2023 (Sunday) to October 31, 2023 (Tuesday), 24:00.

oHow to apply ①Apply online

1) Please apply from the official page of the race or the TRI-X race calendar.

Miyakojima Tournament HP <http://www.tri-miyako.com>

TRI—X HP <http://www.tri-x.jp/>

Internet entry inquiries

MSPO Entry Miyakojima Desk TEL: 0 4 2 — 3 7 0 — 7 4 3 1

2) Image registration of required documents: After receiving an offer to participate, please upload the

required documents as image data.

Please prepare an image that clearly shows faces and text.

oUnofficial offer to participate

Notification of offer of participation will be sent to the contestants on Friday, November 24 2023.

Participation eligibility cannot be transferred to another person.

If such a fact is discovered, the person concerned will not be allowed to participate in this tournament.

You will be required to upload the required documents as image data after you have been offered entry.

oPayment of entry fee

The entry fee must be paid between November 24, 2023 and December 22, 2023.

Please note that if payment is not made by the deadline, your offer to participate will be automatically canceled.

Payment can be made at a convenience store, via Internet banking or ATM.

Please note that a payment fee will be charged in addition to the entry fee.