

[Event Name] SUWAKO 8PEAKS MIDDLE TRIATHLON 2024

[Event Classification] 2024 JTU Triathlon Age Group National Championship Series(Middle)

[Date] Sunday June 23th, 2024

[Venue] Main Venue: Suwako yacht harbor / Swim: Simosuwa Rowing Park

[Organizer] SUWAKO 8PEAKS MIDDLE TRIATHLON Executive Committee

[Race Managing Body] Nagano Prefectural Triathlon Association(NTA)

[Event Distances] Swim 1.9km/Bike 66.2km/ Run 20km

[Cut-Off Times] Swim finish 60 min / Bike finish 4 hrs. and 05 min / Total finish 7 hrs. after the swim start.

[Qualifications]

Middle distance:

- JTU 2024 Registered member.
- Age must be 18 or older on December 31st, 2024.
- Capable of finishing in less than the cut-off time.
- Those who can promise to watch the competition briefing video until the end of the competition.
- Those who are able to register the day before the competition.
- Must have completed a triathlon of 51.5 km or longer within the past 5 years.
- Swim: Participants must be able to complete the 1,900m swim in 60 minutes or less.
- Bike: Have the skills to safely ride ups and downs, technical corners, etc., and be able to handle problems such as flat tires by yourself without problems.

Relay:

- JTU 2024 Registered member or one-time membership.(everyone)
- Age must be 18 or older on December 31st, 2024.
- Capable of finishing in less than the cut-off time.
- Have completed a triathlon of 51.5 km or more within the past 5 years, or have completed a swim in the relay division.
- Must have completed an open water swimming competition (1,500m or more).
- Those who have been certified as fit swimmers at the official meet record session.
- ※In Nagano Prefecture, three times from January to March (fee required, non-refundable).
- Those who can promise to watch the competition briefing video until the end of the competition. (everyone)
- Those who are able to register the day before the competition. (everyone)

[Registration Fees] Middle distance: 43,000 JPY+ one-time membership1,000 JPY

Relay Team:54,000 JPY+ one-time membership per person1,000 JPY

[Please small note]

Closing date as soon as capacity is reached

[Awards]

Middle distance::

All male and female TOP THREE athletes. The TOP THREE places for the male and female athletes in each age group.

Relay:

The TOP THREE relay teams.

[Registration Deadline]

Friday, December 15- Tuesday, February 20

Closing date as soon as capacity is reached

[Cancellation Policy]

Cancellations are allowed until the end of the entry period (February 20, 2024). Please contact the tournament office by e-mail.

We will refund your money minus an administration fee of 2,000 JPY.

(After the convention is over).

The system fee is non-refundable.

Cancellations made after February 21, 2024 will not be refunded.

[Contact information]

Convention Secretariat

Email info@suwako8peaks.jp

Phone 0266-78-6880 (weekdays 10:00-17:00)

Website Visit website <https://suwako8peaks.jp/contact/>